

Things To Do While Self Isolating

Netflix and Chill

Surely, this is the first task for everyone? Finish that series! Watch that bad TV show you've always wanted to! You can do it, you got this! The time is nigh dear friends to be a couch potato and proud. While you're at it, you may as use the free trials of Stan, HeyU, Amazon Prime and all the other platforms. What if you never get this opportunity again? Make the most of it!

Board Games

Or shall we say bored games? Time for a Monopoly sesh or a bitta' Cluedo? Dust off the games and battle yourself or a fellow at-home-self-isolator to some competitive fun. Just remember, if Scrabble turns sour, there's not much escaping you can do to cool down... I could be speaking from experience here.

Marie Kondo Your Crib

Like me, if you love the concept of Marie Kondo, the minimalist Netflix lady helping people de-clutter, but am yet to actually act on it, maybe today's the day? Out with the old, in with the same, but do it differently. Maybe cull your pantry, cupboards, clothes or re-arrange your lounge and living areas? Forget spring cleaning, its Corona cleansing time in our books. On that note – may be a good idea to disinfect everything?

Read On

Do you have yourself a mini library of un-touched books like I do? Once you've finished watching Netflix, turn over a page, literally, and pick up a book. Channel the vibes of a fireplace, velvet robe, cup of tea and a sandwich and get comfy. Perhaps even join a book club? There's plenty of celeb book clubs out there to get you going.

Handle The Heat

If Huey's Kitchen or Ready Steady Cook prepped you for anything when you were home sick from school, it was viral hibernation and now it's time to don an apron and make Huey proud – get yo' cook onnnn. By incorporating the cleaned-out pantry aforementioned, put the soon-to-be-expired stock to good use, whip out an old Women's Weekly cookbook and turn up the heat.